

Rant n' Roar

SATURDAY JULY 29 2017

FROM THE CHEF

After a couple of days on the ground in Winnipeg and a fine opening to the 2017 Canada Games last night, it was finally great to get going with the real reason team nl is here; the competition.

And competitive it was....we managed a crushing win early on in men's softball and then a couple of narrow gritty loses in ladies soccer and basketball against the country's best. Can't wait for Sunday!

-Rod Snow



Softball player, Eric Healey, leads the Newfoundland Labrador contingent into the Opening Ceremonies of the 2017 Canada Summer Games

Schedule



Team NL

Sunday July 30



			Time	Location
Athletics	Practice			
Baseball	NL	Manitoba	1:00 PM	Whittier Park
	NL	Ontario	7:00 PM	Elmwood Giants Field
Basketball- Male	NL	NWT	7:45 PM	Duckworth Centre
Basketball- Female	NL	PEI	3:15 PM	Sport for Life Centre
Diving	Practice			
Rowing	Practice			
Sailing	Mens Regatta		11:00 AM	Gimli
Soccer	NL	Alberta	4:30 PM	Ralph Cantafio Soccer Complex
Softball	NL	Alberta	11:00 AM	John Blumberg Softball Complex (1)
	NL	Nova Scotia	6:00 PM	John Blumberg Softball Complex (2)
Triathlon	Venue Familiarization			
Beach Volleyball	NL	Manitoba	7:08 PM	Sergant Park Beach Volleyball Centre (2)

Athletics

All athletes had a great day practicing, competition starts on Monday and Team NL is ready to showcase their talent!

- Tom Godden

Beach Volleyball

The team had a great day practicing and can't wait to get in on the Canada Games action on Sunday with their first match against Manitoba, 7:08pm at Sargent Park Beach Volleyball Centre, this game will be televised by TSN.

- Frank Humber

Baseball

Baseball hit the field today with fans cheering loudly, unfortunately their first game was a loss to Team New Brunswick; however, that didn't dampen the spirits of the Newfoundland and Labrador fans as they continued cheering until the final out! Josh Mercer and Cole Tucker both made fantastic catches later in the game to set the mood for tomorrow's game against the host, Team Manitoba.

- Peggy Wakeham



Basketball- Female

The Female Basketball Team played a great game against Team BC. The girls were aggressive, strong to the ball and showed pure determination. With a final score of 83-69 for BC, the girls played hard until the last buzzer. Way to go and good luck. Your game tomorrow.

- Karen Sherriffs



Basketball- Male

Our Team NL boys fell to PEI in their opening game this morning. Down by 15 early in the first half, they fought back to a lead in the third quarter. PEI proved to be just a resilient and came away with the 70-66 victory. Next game for the boys will be tomorrow night at 7:45PM.

- Gerard Lowe



Diving

Our divers spent the day practicing and preparing for Monday when competition gets underway.

- Leslie Ann Walsh

Rowing

Saturday was a prep day for our rowing team. All boats were rigged and all crews had a chance to get in a practice session. The Kenora Rowing Club is a very beautiful facility and was especially busy this morning as all crews worked to get their boats ready for competition. The current heat wave was, and will likely continue to be, a concern. Coaching staff were diligent to rotate crews to and from the shade of a team tent, and to ensure athletes remain hydrated. Tomorrow is another practice day for our rowers.

- Peter Butt



Sailing

Saturday was a practice day for our lone sailing athlete, Jesse Hanlon. The morning started off with hardly a breath of wind, but it picked up just in time for Jesse to get out on the water. Jesse has completed all necessary measurement checks for his equipment and is looking forward to starting his competition tomorrow!

- Brenda Greene



Soccer- Female

Soccer competition began today. Team NL displayed their defensive skills throughout the game but late goal by BC allowed the west coast province to squeeze out the win. The ladies look to build on their game when they finish off group play tomorrow against Alberta.

- Allison Sturge



Softball- Male

Team NL opened competition today vs Team NB at 11:00 at the John Blumberg complex, Jordan Noftall was strong on the mound with a 9 to 2 victory over New Brunswick, Team NL got the bats goin early and had the victory in 5 innings.

Team Quebec was the evening opponent and started early with a couple of runs in the 1st & 2nd, the boys battled hard and Quebec came out on top. Ryan Kenny tagged a home run in a 4th inning surge.

Sundays actions see's NL vs Alberta at 11:00 am. The evening match-up is Nova Scotia at 6:00 on diamond #2.

- Gary Martin



Triathlon

Triathlon got to become familiar with their venue today. They got a feel for the water and tested out the running course. Tomorrow they head back to prepare and will test the waters and the bike course. Individual competition begins on Monday.

- Allison Sturge



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