

WEDNESDAY AUGUST 2, 2017

Rant n' Roar

FROM THE CHEF

Quiet day on the water for NL but lots of action on land. Men's Softball, ladies Basketball and Soccer all coming up winners on the day. Special shout out to the ladies soccer team....the so called "top 4" are all breathing a sigh of relief they don't have to face you tomorrow.

-Rod Snow



Brooklynn Piasta Team NL's Bat girl hustling back to the dugout. All week Brooklynn's smiling face and hard work has been a great addition From the entire Team NL, a Great Big Thank-You Brooklynn.



Atlantic Lottery
Loto Atlantique



**[CLICK HERE FOR DAILY
SCHEDULE](#)**

Athletics



CANADIAN MUSEUM FOR
HUMAN RIGHTS

In their rest day, athletes and coaches from the Athletics team toured the Canadian Museum for Human Rights. The visit was moving and inspirational before the final two days of the Canada Games competition. For most of the team members, this was their first visit to the Museum. The original architectural design of the building is incredible. Once inside the Museum, you enter the spacious galleries displaying great exhibits, original artwork, and actual items from human rights activists, interactive displays and visual effects. The layout is friendly and inclusive of anyone with disabilities. The visit was informative and educational. Some of us visited the "Share your story" section and shared personal stories and thoughts on human rights. The team had a memorable experience in a place where everyone is included; we are all one family! For many athletes, this was a humbling and motivational visit to the museum. They are now inspired to do better at the Games and become better persons.

- George Stanoev
Technical Director
NLAA

Triathlon

Today the athletes returned to Birds Hill for practice and to get reacquainted with the venue for tomorrow's relay competition. The ladies also got to meet a new teammate who will assist them in the relay due to the injury of one of our athletes. Megan Von Heyst is from Manitoba and has stepped up to the challenge and will become an honorary member of Team NL. Maybe we will get her to kiss the cod too!

- Allison Sturge

Beach Volleyball

Team NS put an end to our beach boys' good vibrations today on the sand court. Despite a solid defensive effort, Marcus and Brent lost in straight sets to the Scotians in quarter final play. Tomorrow they tackle Team Toba in the 5th/6th placement match. "Wouldn't it be nice" to grab that fifth place?

- Frank Humber



Basketball- Male

The next two days will be used as rest days for male basketball team. Team NL is excited to hit the floor on Friday against Prince Edward Island. Head out and cheer the team on at 9:45am at the Duckworth Centre.

- Gerard Lowe

Rowing

Wednesday was rest/practice day for the TeamNL rowers. Most of our rowers decided to take a day of well deserved rest. Some took advantage of the town market down by the "Lake of the Woods". Here fresh vegetables, baked goods and many crafts were on display. We won't tell the coaches, but the chocolate covered bacon was a hit. Rowing resumes tomorrow and Friday with all our rowers participating in the B Finals. We wish them luck.

-Peter Butt



Baseball

Baseball had a Rest day today before they play their placement game tomorrow. The baseball team is enjoying the full games experience by cheering on other teams, participating in some heated 3 on 3 basketball and making new friends.

On Friday, baseball will be heading to their bat boy's provincial game, be sure to look for the story in a future edition of Rant n' Roar.

- Peggy Wakeham

Basketball- Female

Today's match against the Yukon was much more than a game about winning or losing, but about the journey 12 girls have taken for the past couple of years. While they successfully secured the win, there had to be many moments of reflection of their time together - practices, off court training, road trips and their share of wins and losses. The on court experience of the Canada Games, plagued with multiple injuries tested them mentally and emotionally. While points are scored by individuals, games are won as a team, successes and failures are shared together. Team NL, you did your province proud and you have each other to thank for that. Big thanks to all the family members cheering the girls on all week! Go out and now enjoy all the experiences the games have to offer.

- Karen Sherriffs



Diving

We are halfway through week one of Canda Games and the diving competition is in full swing, outside the competition one of the favorite activities that athletes are involved in is Pin Trading. Our young divers have been successful in obtaining quite the impressive collection of pins. This is an amazing way to meet other athletes from other sports and Provinces. This is a great reminder to everyone to take time to enjoy the journey and by collecting pins from every province and territory you will always have a reminder of the 2017 Canada Summer Games.



The diving team took time in between competitions to meet with Derek Bennett, Parliamentary Secretary to the Minister of Children, Seniors and Social Development and MHA- Twillingate-Lewisporte. Ave Djan-Chekar, Jake Billard and Jacob Shortall.

- Leslie Ann Walsh



Soccer- Female

Team NL finished off their competition today by comfortably beating Team Yukon 4-0 and as a result they will finish in 9th place. Now it is time to experience the rest of the Games; trade pins, mingle with other provinces and cheer loudly for other Team NL athletes. Though this is not the result you wanted, your grit and determination was not left unnoticed. Your biggest supporters (your family) have been beaming with pride the entire week. It has been a pleasure to support your journey and you have certainly made a soccer fan out of this ol' hockey player.



Allison Sturge



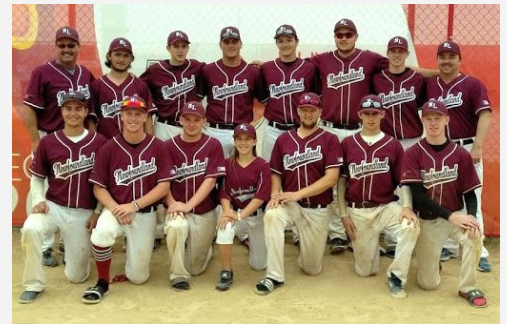
Sailing

Today was a rest day for Jesse, he spent the day recovering from competition, relaxing and refocusing on tomorrow's competition.

- Brenda Greene

Softball- Male

The sticks were hot on the diamond today with 5 Homeruns, as Team NL beat host Manitoba 18 to 0. Jordan Nofall pitched the win. Next action is set for 5:00 pm Thursday at the John Blumberg Softball Complex.



A special thanks and bouquet goes out to coach Jeff Kirk for joining the Team on short notice, from the entire contingent many THANKS.

- Gary Martin



© Team Newfoundland & Labrador