

SATURDAY AUGUST 12 2017

Rant n' Roar

FROM THE CHEF

Not a bad day. Our men's soccer team beat NS. Our V-Ball teams had splits on the day. We had a couple of golfers in the 70's. Not to mention a few swimmers in A finals...

Oh yes...and last night at the Forks, Tetford, Doyle, the Fortunate Ones, and Repartee were the highlights of the week.

Oh, and did I mention Ryan Drover had his second 4th place finish in swimming ... pretty impressive.

A good day indeed ... but there's more, much more. Last night at about 10:30, Angel Hiltz-Morrell won a silver medal in the women's 84kg class in the sport of wrestling - TeamNL's first and only medal thus far of the 2017 Canada Games. Would be hard to forget. In fact, it's likely my most memorable Canada Games experience. On behalf of Newfoundland Labrador, TeamNL, and myself, thank you Angel and Wrestling NL.

-Rod Snow

Angel Hiltz-Morrell Wrestles Her Way To SILVER For TeamNL !!



Atlantic Lottery
Loto Atlantique



Golf

TeamNL concluded their golfing yesterday with the completion of their 4th round which saw Taylor Cormier shoot 83, Paige Hickey 115, Michael Simms 82 and Andrew Bruce with another 76. Evan D'Angelo shot an impressive 77 today as well. All golfers had a tremendous experience, one in which they won't soon forget. Thanks Winnipeg ... Congrats to all ... Go TeamNL Go!



- Robert Goulding

Soccer - Male

Our soccer team pulled off a huge win tonight defeating Nova Scotia 1-0 on a goal by David Goulding. The team fought hard and held off Nova Scotia who made a large push at the end of the game in an effort to tie the score. Our boys overcame some adversity as well when they went down a man due to a red card. It was a gutsy effort, and we are looking forward to the game today at 1:00 against New Brunswick when they go for 5th place. Giv'er boys!



- Greg Pittman

Cycling

Yesterday was a day off for the cyclists from competition.



They practiced for the criterium race, a **criterium**, or **crit**, is a 35 lap bike race totalling 56 km around a closed circuit.



Colin Fowlow will represent NL in the crit. Colin and team got in some practice at River River Exhibition Park. The boys enjoyed supper with their parents downtown then visited the market and festivities at the Forks. They capped off their day at the wrestling venue cheering on TeamNL wrestlers.



- Gary Martin

Softball - Female

After the most gruelling round robin of any event during week two, our Women's Softball team just could not measure up to the power of their opponents from Alberta. It was so impressive to see the determination of these athletes who showed some great offence with the bats in the third inning despite trailing by a significant score. After their morning game, the team honoured their bat girl Katie Vigier by presenting her with some official TeamNL gear. They faced the hometown favourite in their final game. While the tournament is over, the entire Canada Games experience is something they will carry with them forever!



- Karen Sherriffs

Volleyball - Male

The boys volleyball team completed their Canada Games experience doing what every athlete wants to do, win their last match.

Throughout the week they had many ups and downs but in yesterday's final match against PEI they dominated from start to finish winning 3-0. The Games have been a great experience for the boys and something that they will remember for many years to come.



- Mike Summers

Volleyball - Female

The girls volleyball team finished their Canada Games with two tough games yesterday. In their morning match against Team BC they came out strong but lost a close game 27-25. In the end BC won the match 3-1 but the Newfoundland Girls gave them all they could handle. In their final match of the Games the girls pulled off the win in fine fashion beating Team PEI 3 games to 2. Congratulations girls on a great week of volleyball and leaving everything you had on the court.



- Frank Humber

Tennis

Our tennis team did not compete yesterday but they did practice in the morning to prepare for their final team mix placement match happening at 9:00 this morning. The highlight of the day for sure had to be for Coach Meaney and Ashley Stringer who took the opportunity to head down to the Forks during sound check to meet with Newfoundland entertainer Alan Doyle and present him with an official Team Newfoundland & Labrador sweater. It was a great afternoon for them and the word is that Coach Meaney was a little star struck!



Mike Meaney and Ashley Stringer meet with Alan Doyle.

- Jamie Randell

Swimming

As swimming events start to slow down here at the Pan Am Pool, the NL Swim Team continue to qualify for both A and B Finals.

Ryan Drover finished 4th in the Men's A 50 Freestyle Special Olympics category. Kate Sullivan finished 8th in the Women's A 800m Freestyle and Emily Ricketts finished 7th in the Women's A 200m IM race.

Swimmers competing in B Finals were Kate Williams, Joseph Dwyer and Ewan Maclean.

The Women's 4 by 100m Relay Team consisting of Kate Williams, Emily Ricketts, Abigail Williams and Kate Sullivan finished 9th. The Men's 4 by 100m Relay Team consisting of Joseph Dwyer, Max Kelly, Miguel Pond and San Pennell also placed 9th. Congratulations to ALL !!



- Ellis Coles

sportNL

Eat Great and Participate

Wrestling

Another busy and hectic day at the wrestling venue for TeamNL with all athletes participating to find their weight class placings:

Female

Rudi Smith - 44kg 9th

Alexandra Quinlan - 48kg. 8th

Alaina Wheeler - 52kg. DNF

Emma Terry - 56kg. 9th

MacKenzie Stone - 60kg 10th

Emily Temple - 64kg 10th

Julianna Murphy - 69kg 6th

Zoe McDonald - 74kg 8th

Kaitlyn Morgan - 79kg 6th

MALE

Brady Power - 52kg 6th

Aaron Pater - 56kg 8th

Jordan Pitcher - 60kg 8th

Alex Tiley - 65kg 9th

Colby Street - 70kg 9th

Andrew Hatcher - 76kg 10th

Josh Healey - 85kg DNF

Owen Warren - 98kg 6th

Josh Dyke - 115kg. 8th

The highlight of the day was the placing match between Angel Hiltz-Morrell and the wrestler from Ontario. This Ontario wrestler is a three-time Canadian champ. Angel pinned her in the first round earning a chance to compete for gold or silver in the 84kg class.

Angel faced a tough opponent in the wrestler from Alberta. She battled hard and was eventually defeated in the second round by points. TeamNL was so proud to stay around and watched she received this historical medal!



- Peter Butt



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